## COURSE DESCRIPTION CHART

Discipline code	12.6-3LEK-C9.1-OnCH			
Name of discipline	Polish	Opieka nad chorym (pielęgniarska) – praktyka wakacyjna		
	English	First aid and nursing – holiday work placement		

## 1. POSITION OF DISCIPLINE IN THE STUDY SYSTEM

1.1. Study speciality	medicine		
1.2. Form of study	full-time		
1.3. Level of study	uniform Master's study		
1.4. Profile of study	Practical		
1.5. Specialization	lack		
1.6. Unit conducting the discipline	Faculty of Medicine and Health Sciences		
1.7. Person preparing course description chart	dr n. med. Dorota Kozieł		
1.8. Person responsible for the discipline	dr n. med. Dorota Kozieł		
1.9. Person conducting the discipline	dr n. med. Przemysław Wolak		
1.10. Contact	wnoz_ipp@ujk.edu.pl		

## 2. GENERAL CHARACTERISTICS OF THE DISCIPLINE

2.1. Affiliation to module	Module:summer internships		
2.2. Status of discipline	mandatory		
2.3. Language of tuition	English		
2.4. Semesters for performance of the discipline	2nd		
2.5. Preliminary requirements	Basic knowledge of human anatomy and physiology		

## 3. FORMS, WAYS AND METHODS OF CONDUCTING CLASSES

3.1. Types of classes		Practice: 120 hours			
3.2. Way of conducting classes		Practical classes			
3.3. Way of obtaining credits for		Credit with grade			
classes					
3.4. Didactic methods		Case study			
3.5. List of litera- ture	basic	<ul> <li>1.ERC guidelines 2015, <u>www.cprguidelines.eu</u></li> <li>2.First Aid Manual DK 2014 Dorling Kindersley Publishers</li> <li>3.Case Files Emergency Medicine Liu Terrence 2012 McGraw- Hill</li> </ul>			
supplemen- tary		<ul> <li>1.Fundamentals of Nursing Craven Ruth 2016 Lippincott Williams</li> <li>&amp; Wilkins</li> <li>2.978-0-32-334003-8 Procedures for the Primary Care Provider Edmunds Marilyn Winterton 2016 Mosb</li> </ul>			

## 4. AIMS, EDUCATIONAL CONTENT AND OUTCOMES

## 4.1 Aims

C1 - Familiarization with the theoretical foundations of nursing and care.

C2 - Presentation of the scope and nature of nursing care for selected states of the patient's health.

- C 3 Acquaintance with the stages of the nursing process, techniques for data collection for the needs of nursing diagnosis and the process of documentation.
- C 4 Developing the chosen ability to perform nursing, diagnostic, therapeutic and improving procedures with regard to appropriate methods and techniques of performance as well as health of the patient.

		Degree of satu- ration of out-	Reference to education outcomes	
code	Student who obtained credit	come in disci- pline 1 [+] [++] [+++]	For discipline	For area/ standard
Within th	e scope of abilities SKILLS:			
	collects samples of material used in laboratory diag-			
U01	nostics;	+	E.U28.	
	performs basic medical procedures and treatments, including:			
	a) measurement of body temperature, pulse measure- ment, non-invasive blood pressure measurement,			
	b) monitoring of vital signs using a cardio-monitor or pulse oximetry,			
	c) intravenous injection, intramuscular and subcuta-			
	neous injections, cannulation of peripheral veins, col-			
	lection of peripheral venous blood, collection of arte-			
	rial blood, collection arterialized capillary blood,			
	d) collecting swabs from the nose, throat and skin,			
	puncture of pleural cavity,			
	e) catheterization of the urinary bladder in women			
	and me, nasogastric intubation, gastric lavage, en-			
	ema,			
	f) standard electrocardiogram along with its interpre- tation, cardioversion and defibrillation of the heart,			
	g) simple test strips and measuring the concentration			
	of glucose in the blood;			
U02	of glueose in the blood,	+	E.U29.	
002	assists when the following procedures and medical		210271	
	treatments are performed:			
	a) transfusions of blood and blood products,			
	b) drainage of the pleural cavity,			
	c) puncture of the pericardium,			
	d) puncture of the peritoneal cavity,			
	e) lumbar puncture,			
	f) needle biopsy,			
	g) epidermal tests,			
	h) intradermal and scarification tests			
U03		+	E.U30.	<u> </u>
U04	keeps medical records of the patient.	+	E.U38.	<u> </u>
U05	complies with the aseptic and antiseptic rules;	+	F.U3.	
U06	uses peripheral venous catheter;	++	F.U5.	
	performs basic resuscitation with automated exter-			
U07	nal defibrillator and other rescue activities and pro- vides first aid;	++	F.U10.	
007	monitors the postoperative period basing on the basic		1.010.	1
	parameters of life;			
U08		++	F.U12.	
	tries to avoid medical errors in his/her own profes-		1	1

	collects blood for toxicological studies and secures			
	the material for hemogenetic research in accordance			
U10	with given principles.	++	G.U7.	

#### Criteria for evaluation of obtained education outcomes

Criterion	lde	Evaluation of specific action elements / surgery / made by the student					
Criterion	Grade	Principles	Efficiency	Effectiveness ku- teczność	Self-reliance	Communicating with pa- tient	Attitude
	5,0	Abides the principles, techniques and sequence of tasks with- out any com- ments	performs activities confi- dently, vigo- rously	Takes into account the situation of the patient and current capabilities to per- form these tasks	Plans and conducts operations com- pletely inde- pendently	Spontaneous, constructive and independent, content selection adequate to the expectations of the recipi- ent	Is able to evaluate and analyze their own behavior, working with therapeutic team, visible identifica- tion with profes- sional role
	4,5	Abides the principles af- ter the initial orientation, technique and sequence of actions without any comments	Activities are performed cer- tainly but after a short reflec- tion	Manifests the con- cern about taking into account the health situation of the patient, reaches the target after an initial indication	Sometimes re- quires a reminder and directed activi- ties	Correct, but sometimes requires guidance in the selection of communica- tion methods	Shows the efforts of the assessment and analysis of their conduct, good co-operation with a therapeutic team, noticeable identification with the professional role
The way of conducting activities/ surgery	4,0	Abides the principles, after being directed per- forms the ac- tivities cor- rectly	Performs the activities at a slow pace	Draws attention to the individual situa- tion of the patient, reaches the target	Sometimes needs to be reminded about taking the actions	Is able to establish and maintain verbal and non- verbal contact with the patient	Presents awk- wardness in the assessment and analysis of their conduct, cooper- ates with a thera- peutic team, iden- tifies with the pro- fessional role
	3,5	Abides the principles, after being directed, per- forms actions quite cor- rectly	Performs the activities doubtfully, sometimes re- quires the sup- port and sense of confidence in acting	takes into account the individual situa- tion of the patient's health reaches the target	Often needs to be reminded about taken actions	Is able to establish and maintain verbal contact with the patient	Makes an effort to evaluate and ana- lyze their own be- havior,cooperates with a therapeutic team, usually identifies with the professional role
	3,0	Not always abides the rules, re- quires the su- performs ac- tions chaoti- cally, perfor- mance of simple tasks without com- ments	Performs the activities doubtfully, very slowly, visible effi- ciency while performing simple actions	Not always takes into account the in- dividual situation of the patient, achieves the goal after being directed in activities	Requires constant guidance and needs to be re- minded about the performance of complex tasks	Takes contact, hovewer, is not capable of keeping communication with the patient	Not always is able to to evaluate and analyze their own behavior, some- times cooperates with a therapeutic team, identifies with the profes- sional role if it is possible.

# 5. TOTAL ECTS CREDIT POINTS – STUDENT'S WORK LOAD

Category	Student's work load		
	Full-time study		
Participation in didactic classes specified in the study plan (contact	120		
hours)			
- Participation in lectures			
- Participation in classes, discussion sessions, laboratories, etc.			
Participation in consultations/ PRACTICAL TRAINING	120		
Preparation for examination/participation in examination, final test,			
etc.			
Others			
Independent student's work (non-contact hours)			
Preparation for lecture			
Preparation for classes, discussion sessions, laboratory, etc.			
Preparation for examination/colloquium			
Collection of material for the project, web query			
Elaboration of multimedia presentation			
Preparation of entry for wikipedia			
Others			
Total number of hours	120		
ECTS credit points for discipline	4		